

Garden of the Dancing Bee



A Self-Guided Planting Ritual by Athne Machdane

Composed Spring 2020 for the

Unitarian Universalist Community of Casper

Garden Space: Prepare flower bed or garden pot in advance, size and design varies to suit individual preference, planting space and practical considerations. Choose one or more flowering plant species, either seeds or live plants, suitable to your garden spaces and resources. The intent is to provide nourishment for bees and other pollinators, the flowers of the plants are the crop. Specific details regarding plant selection, soil, preparation and upkeep should be determined on an individual basis to best suit the environment, experience level and personal tastes and preferences of the individual planter/ritual practitioner.

Setup and Preparation: Prior to time of ritual, have garden space prepared, garden tools, soil, water, etc. ready to go. Download and have this ritual practice available prior to the start. View the YouTube video at the below link, this is the mantra invocation of Bhramari, invoked in this ritual practice. If possible, have this ready to stream on speakers audible from your garden space prior to the start of the ritual. The video lasts about 20 minutes and includes a visualization of Bhramari as well as phonetic captions of the mantra. Be sure to start the video in advance to clear any advertising then pause it at the beginning until ritual starts. For best results one should work with Bhramri through the mantra chant or other forms of meditation practice as appropriate to the individual:

https://www.youtube.com/watch?v=XaP_Nor5dps

Call to Order/Housekeeping: Live broadcast begins at this time if used. Ritual leader calls order, provides commentary about ritual practice and intent then calls for announcements. Housekeeping and space holding details are covered now.

Covenant (recite aloud or silently): *UU Casper Leadership Covenant*

We covenant with one another in a spirit of love and compassion

To share honestly

Listen actively

Assume good faith

Act with integrity

Ask for and offer help

Seek and offer forgiveness

Encourage joy and celebration

Express gratitude

Speak directly to one another about concerns and issues

Support decisions in a shared voice

These are our aspirations and intentions which we pursue in good faith

So mote it be

Musical Meditation: View invocation *Bhramri Ventures Forth* while listening

Bhramari Ventures Forth



Guided in her journey by a primordial dance of life

A Flower Beckons



Her to empower the birth of abundance

From Realms Within and Beyond



She seeks the affirmation and support of her beloved community

Devotional Activity: Ritual leader recites mantra *Om Bhraam Bhramariyai Namoh Namaha* then directs participants to gather their seeds or plants and move into their garden spaces. If using the mantra chant as an audio guide, start it now:

https://www.youtube.com/watch?v=XaP_Nor5dps

Plant seeds and work with garden while listening to audio feed from chant video, reciting mantra aloud or silently or engaging in contemplation as so moved by your spirit guides, environment and community. Offer water to newly planted garden as appropriate for species at conclusion of mantra chant. Chant will run around 20 minutes, plant what you can in this amount of time and if necessary return to finish planting following the conclusion of this ritual practice.

Open Discussion: As time, space and mediums of communication permit...

Opening of Circle (recite aloud or silently): We give thanks to Deity, the Elements, our spirit guides, our ancestors and departed loved ones, and beloved community for empowering and sharing in this working. The circle is open but never broken. Let us carry the love we have gathered here as we continue the dance of life. So mote it be.