

Transfiguration of the Flame

A Fire Cleansing Ritual by Athne Machdane

SUPPLIES:

- Fire bowl/pit, grill, or fire safe bowl (the kitchen sink or metal bathtub works too)
 - *If open flame is a problem for you or your space, an LED candle and/or visualizing a symbolic fire can used*
- Note card 3x5 (or larger if you tend to write a lot)
- pen/pencil, marker, or such
- masking tape (scotch/invisible, duct and other tapes will give off toxic fumes when burned)
- sage or other similar smudge (bay leaves from your spice rack will work also)
- ALTAR/RITUAL SPACE ~ for Burning
 - incense offering
 - *If incense is a problem for you, pour a cup of tea for Hestia and place it on your altar.*
 - deity icons
- HESTIA SYMBOLS
 - General: hearth, home, living flame, architecture, bowl, veils, pantry, and keys
 - Scents: angelica, iris, lavender, and peony
 - Gems & Metals: Amethyst, garnet, gold, silver, and brass
 - Colors: Gold, dark rose, lavender, silver, and black

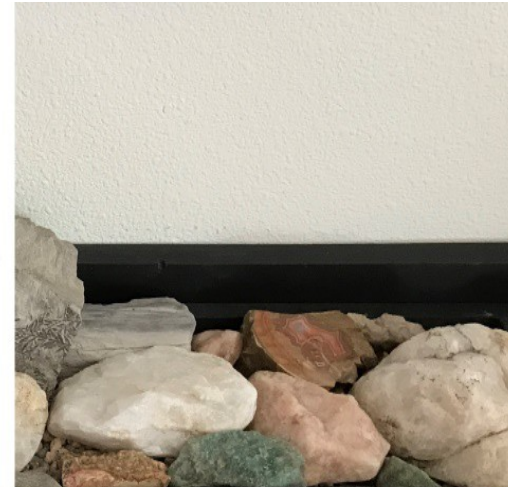
This is your altar/ritual space use what resonates with you.

SETUP:

Here are some examples of altar set up. The first is Athne's ritual altar. The other three are Hestia altars with credits and hyperlinks to the webpages.



Deity images, icons or representations of spirits, communities or other entities whom you are invoking or offering to in this ritual practice



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The Wizardess' Altar for Hestia. Harmony and Mystery ~ wordpress

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Kitchen Altar to Hestia. Book of Eucalypt

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Inviting Hestia. Adirondack Earth Lore

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This gives you an idea of what size Fire Bowl you'll need.



CREDITS:

Quotation Mark

<http://clipart-library.com/clipart/2096688.htm>

The Wizardess' Altar for Hestia

<https://harmonyandmystery.wordpress.com/2011/02/17/the-wizardess-altar-for-hestia/>

Kitchen Altar to Hestia

<https://bookofeucahypt.com/2011/05/20/kitchen-altar-to-hestia/>

Inviting Hestia

<https://adkearthlore.com/tag/hestia/>