

LITHA ~ MIDSUMMER EARTH-CENTERED CELEBRATION

Friday, June 19, 2020 @ 7pm MDT

Online - Zoom

About, Supplies, Preparation, Link/Login

Join us online for “Midsummer Celebration 2020: Around the Hearth of Heart and Home.” Come explore how our homes are to be a sanctuary now more than ever. Service leaders Elizabeth Jo Otto and Athne Machdane.

In this ritual: We will be working with the Greek goddess of home and hearth, Hestia. We'll be meeting her in a meditation journey and honoring her with a fire ritual.

What to expect:

This celebration is a mix of Earth-centered ritual and sitting in Circle where we learn about the holiday, it's celebration, and the Feminine Divine.

Circle (Womxn's, Talking, Medicine, Red Tent...) is a non-judgmental and safe gathering delving deeper into a space of siblings being seen, felt, and heard like never before. It's a fun experience to build siblinghood, meditate, laugh, and connect. You'll leave feeling grounded, connected, rejuvenated, loved, and present. Take time for yourself -fill your cup.

Please come with an open heart and mind. We ask all siblings to participate fully to get the most out of the experience. We will do sharing, dancing, singing and ceremony.

When siblings gather in Circle magic happens... Come come help make it!

PREPARATION

- See file: “setup TRANSFIGURATION OF THE FLAME”

SUPPLIES

General:

- a candle that won't fall over & lighter or such
- journaling supplies

Ritual Specific:

- Fire bowl/pit, grill, or fire safe bowl (the kitchen sink or metal bathtub works too)
 - If open flame is a problem for you or your space, an LED candle and/or visualizing a symbolic fire can used
- Note card 3x5 (or larger if you tend to write a lot)
- pen/pencil, marker, or such

- masking tape (scotch/invisible, duct and other tapes will give off toxic fumes when burned)
 - sage or other similar smudge (bay leaves from your spice rack will work also)
 - Altar/Ritual Space ~ for Burning
 - incense offering
 - If incense is a problem for you, pour a cup of tea for Hestia and place it on your altar.
 - deity icons
 - HESTIA SYMBOLS
 - General: hearth, home, living flame, architecture, bowl, veils, pantry, and keys
 - Scents: angelica, iris, lavender, and peony
 - Gems & Metals: Amethyst, garnet, gold, silver, and brass
 - Colors: Gold, dark rose, lavender, silver, and black
- This is your altar/ritual space use what resonates with you.*

Join Zoom Meeting

<https://zoom.us/j/4591870381>

For technical assistance, Click on [Attend an Online Service](#) at uucasper.org

Down load Zoom [here](#).