

Bhramari Flower Blessing



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Agreements

- We hold what is shared here today in confidentiality.
- We come to Circle open with no expectations. We each came here for a reason, so we are in trust of the magic that Circle offers us.
- We listen actively with undivided attention to the speaker being completely in the moment. This honors and celebrates what they've said so they feel seen, heard and valued.
- We give one another Permission to be real, vulnerable, and authentic. We Speak up when we feel uncomfortable or out of alignment; letting go of 'suffering in silence' learning how to ask for what we want/need...
- To get the most out of this experience, I strongly encourage you to share speaking the truth about personal understanding and experiences using "I" language.
- We honor the timekeeper, wrapping up when the bell chimes.

If you agree, please say YEBO...

A Circle Beyond Dimension



Mammoth Hot Springs by Athne Machdane

Poetry: Dissolving the Illusion of Separation by Athne Machdane

Element of Air



Crimson Dawn Rainbow by Athne Machdane

**Element of Air, Primordial Breath shared by all sentient beings,
Thou art invited into this sacred circle with love & compassion...**

Element of Fire



Crimson Dawn Bonfire by Athne Machdane

Element of Fire, Primordial Spark empowering all creative forms,
Thou art invited into this sacred circle with love & compassion...

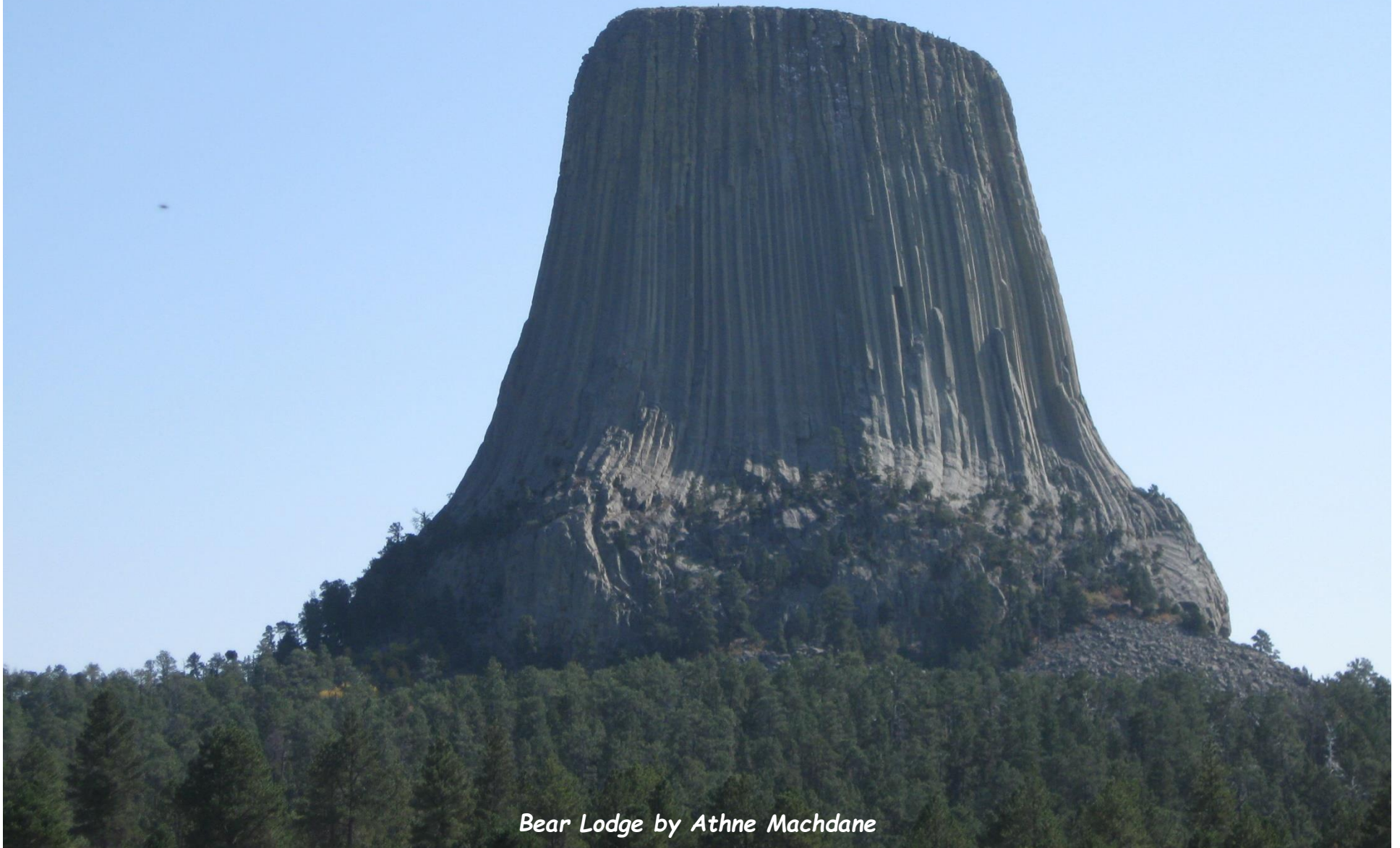
Element of Water



Yellowstone Falls by Athne Machdane

**Element of Water, Primordial Lifeblood nourishing all realms,
Thou art invited into this sacred circle with love & compassion...**

Element of Earth



Bear Lodge by Athne Machdane

**Element of Earth, Primordial foundation upon which all rest,
Thou art invited into this sacred circle with love & compassion...**

Spirit of Life



Backyard Hollyhocks 2 by Athne Machdane

Roots hold me close, wings set me free...

The Beautiful Tricks of Flowers

by Jonathan Drori

<https://www.youtube.com/watch?v=YmVZ8zXJO48>



DISCLAIMER: Some TED Talk topics and ideas may be controversial or reflect biases of the speaker. UU Casper does not necessarily endorse the topics, ideas and attitudes expressed in the TED Talk.

Contemplative Discussion



Appearance...

Attraction...

Adaptation...

From Head to Heart



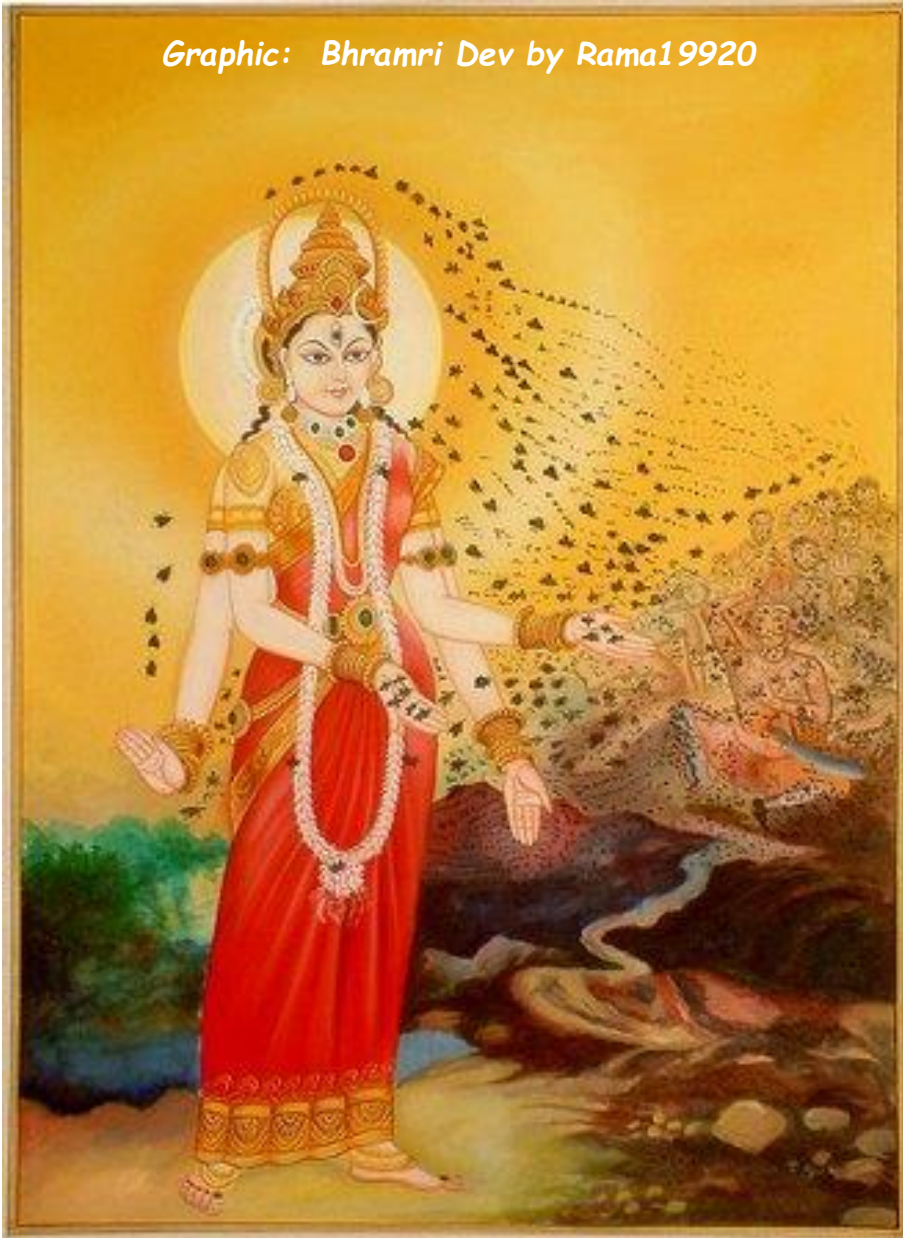
Graphic: Meditation-spiritual-yoga by Okan Caliskan

Become one with the ground of being...

Become an embodiment of compassion...

Bhramari Flower Blessing

Graphic: Bhramri Dev by Rama19920



A self-guided planting ritual...

- Creating our sacred spaces within home gardens, potted plantings & visualized ritual practice spaces.
- Planting our physical and esoteric seeds of flowering potential for love, compassion & nourishment.
- Empowering our spaces, beings & communities through embodiment of the Divine within each of us.

For the benefit of all beings...

Bhramari Jaap Mantra 108 Repetitions: www.youtube.com/watch?v=XaP_Nor5dp

Bhramari Ventures Forth



Backyard Hollyhocks 3 by Athne Machdane

Guided in Her journey by a primordial dance of life.

A Flower Beckons Her to empower the birth of abundance.

She seeks the affirmation and support of Her beloved community.

Dedication of Merit

by Athne Machdane

Any merits raised in this working, individually and collectively, be now dedicated to all sentient beings without one exception...

May it serve to awaken them to their true natures as embodiments of compassion and be they hence liberated from suffering...

Go forth now with each moment empowered by happiness and the causes of happiness, perfect as it is, with and beyond all form...

So Mote it Be, Al-La-La-Ho, Namaste...

Works Cited

Poetry & invocations: *Dissolving the Illusion of Separation, Elemental Invocations, Bhramari Ventures Forth, Dedication of Merit* by Athne Machdane (all rights reserved, used with permission).

Readings & visualizations: *Opening Words, Agreements, From the Head to the Heart, Guided Visualization, Envisioning the Moment, Empowering the Moment* by Elizabeth Jo Otto (all rights reserved, used with permission).

Landscape photography: *Mammoth Hot Springs, Crimson Dawn Rainbow, Crimson Dawn Bonfire, Yellowstone Falls, Bear Lodge, Backyard Hollyhocks 1-3* by Athne Machdane (all rights reserved, used with permission).

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https://commons.wikimedia.org/wiki/File:Bhramari_devi_goddess_of_the_black_bees_shrimad_wg32.jpg

TEDTalk Video: *The beautiful tricks of flowers*, YouTube, Jonathan Drori, TEDTalk, 6 July 2011, www.youtube.com/watch?v=YmVZ8zXJO48

Mantra Chant (Link only): *Bhramari Jaap Mantra 108 Repetitions*, www.youtube.com/watch?v=XaP_Nor5dp

Music

Spirit of Life, performed by Jim Bailey (Words and music: Carolyn McDade, 1935-, © 1981 Carolyn McDade © 1992 Unitarian Universalist Association).

Joy Thou Goddess, performed by Jim Bailey (under Public Domain. Music: Ludwig Van Beethoven, 1770-1827. Text: Friedrich Schiller, 1759-1827).