

Theological Questions About Time - Something to Ponder

1. **How does each hemisphere of the brain experience time?**
 - Is *chronos* how the left hemisphere experiences time?
 - Is *kairos* how the right hemisphere experiences time?
2. **If the right brain is the “master” and the left brain the “emissary,” has our culture allowed the emissary to rule?**
 - What are the consequences of this imbalance?
 - How can we restore the right hemisphere’s role in guiding our experience of time?
3. **Are the Hindu Yuga cycles really so different from the linear stories of the Abrahamic faiths?**
 - Does every ending come with a new beginning?
4. **Does time move in cycles, lines, or something else entirely — like spirals?**
 - What does it mean to experience “spiralic” time?
5. **Is there wisdom in cyclical time that modern, linear cultures have lost?**
 - How does observing seasonal and ritual cycles affect our understanding of time?
6. **How do different cultures and religious traditions express the balance between linear and cyclical time?**
7. **Is God outside of time?**
 - What does it mean that God’s “today is eternity”?
8. **Is living in a linear state of mind — consumed with past and future — helpful or harmful?**

9. Is merging with the eternal the same as living in the present moment?

10. What does it mean that “the Kingdom of God is within you”?

- Is that a moment in time, or a timeless reality?

11. Does Judgment Day happen in time, or in the soul?

- Is “judgment” a literal future event or an internal, present experience?

12. What does an opportune moment (*kairos*) look like for you?

- Can you recognize your *kairos* when it comes?

13. What is the value of rest, reflection, and presence in sacred time (like the Sabbath)?

- How would the left and right brain engage with a Sabbath day differently?

14. How does being present in the moment (the Now) change how we experience time?

15. What role does mindfulness, meditation, or non-action (*wu wei*) play in preparing for *kairos* moments?

16. Does time have both linear and cyclical qualities, as ancient Egyptians believed (*neheh* and *djet*)?

17. Can eternity be found in the present moment?

18. What is time, really?

- As Augustine asked: “What is time then? If no one asks me, I know what it is. If I wish to explain it... I do not know.”